

Parent Bulletin

Secondary



Dear parents/carers,

I am hopeful that you have had the opportunity to read the letter sent to all parents/carers on Friday. Last week the government announced the very good news that schools will open to all students in September. We are very much looking forward to welcoming all of our students back.

The safety, health and well-being of pupils and staff is of the utmost importance and we will be working hard over the coming weeks and summer holidays to ensure that the appropriate plans are made and measures taken to ensure we operate safely. The government has issued guidance to schools and I will be writing to you again before the end of term with further details about what a return to school will look like for students and the arrangements for the very beginning of term.

In the meantime, please do encourage your child to continue with their remote learning by accessing their lessons on teams. It remains a real pleasure, seeing how hard students are working at home.

Kind regards,

Megan Harris

Principal- Secondary

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**EXCITING
NEWS!**



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The best in everyone™
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**Goresbrook School
Super School
2019-20!**

I was absolutely delighted to receive this email from Hegarty Maths this month about our achievements as a school since September. All the hard work that students (and parents!) have put in this year is evident by the number of awards we have been given. I would like to personally extend my thanks to all students for all the progress that has been made with Hegarty Maths and I am confident that we will keep improving as a school year on year. Please find the list of awards we received below.

Super School

Our students have achieved



MemRI goals on hegarty-maths

This award places us in the top 15 out of 1600 schools for the number of points each student has received for completing Memri revision tasks.

Super School

Our students have worked for



each on hegarty-maths

This award places us in the top 5 out of 1600 schools for the number of hours each student has spent completing work on Hegarty Maths.

As we approach the end of the academic year, it is important that students continue to complete their Memri and fix up five each week, as this will allow pupils to practice skills they have completed since they joined in year 7. Well done again for all your hard work.

Mr Oyelade
Assistant Head of Maths

Crêpes Challenge

We are delighted to announce the launch of Goresbrook's very own Crêpes Challenge- or rather, Le défi crêpes!

Attached to this e-mail you will find instructions for making crêpes (en français, bien sûr). Your challenge is to follow the recipe and send us a photo (or photos) of your creation! You can add your own toppings and decorations to tempt our taste buds, and you might even want to have a go at capturing you on camera flipping your crêpe in mid-air.

For inspiration, search #DefiCrepes on Twitter where pupils around the country have posted photos of their homemade crêpes. This competition is now closed but fear not, as Goresbrook is running an even bigger and better competition all of its own!

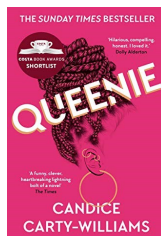
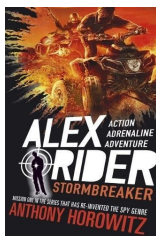
There will be lots of coaching points on offer for the top 3 entries as well as for every entry. Send your entries to Mme Woolfson and Mme Bernard by Monday 20th July for your chance of winning! We can't wait to see them



Bonne chance!
Mme Woolfson & Mme Bernard

Are you stuck and not sure what to read next ?

Did you know we have had over a 1000 books added to our library , we are very excited and can recommend some amazing books . Feel free to save this link: <https://www.goresbrookschool.org.uk/library> on your phone or pc . Our library website can also be found through the school website. Take a look around and check out our competitions winners.



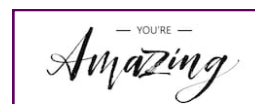
I look forward to hearing what you all have been reading and what you will read next.

Ms Demi
Librarian



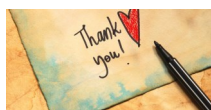
Thank You Teachers & Support Staff

Please join me by sending a special appreciation for teachers and a support staff here at Goresbrook school. Please use the link below to send a special message to a member of staff that you would like to show your appreciation and support to.



[https://forms.office.com/Pages/ResponsePage.aspx?](https://forms.office.com/Pages/ResponsePage.aspx?id=0flzgtak1Ee_PGCwkfBquJuPMAcXTiFAoVd6Hx5NY0VUOVISQVIFVkvZVVzhBTUI4V0czV1dBUzZYQy4u)

[id=0flzgtak1Ee_PGCwkfBquJuPMAcXTiFAoVd6Hx5NY0VUOVISQVIFVkvZVVzhBTUI4V0czV1dBUzZYQy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=0flzgtak1Ee_PGCwkfBquJuPMAcXTiFAoVd6Hx5NY0VUOVISQVIFVkvZVVzhBTUI4V0czV1dBUzZYQy4u)



Miss Aziza Ajak

Vice Principal



Important emails

We are sending out an number of important emails during the week and we do not want you to miss them. Can we please ask that you ensure we have the most up to date email address for you or any of the guardians on your child's account. Please email the secondary office on Secondaryoffice@goresbrookschoo.org so we can update our system.

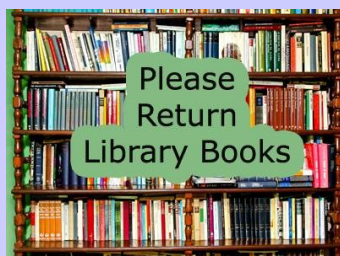
Ms Aliye Mehmet

Administrator



If students are still struggling with operating Microsoft Teams, Word or OneNote, please ask them to our IT team so we can solve this as soon as possible.

Student.support@goresbrookschoo.org.uk



Dear parents and carers,

Our students left our school before lockdown fully equipped with books from our school library. In order to keep our library organised and allow ourselves some time to prepare as much as possible before welcoming back our students in September, we would appreciate it if they returned those books before the summer holidays. We understand that the current situation might mean you are not able to do that; however, if you believe you can help us out, we have arranged for a drop box to be placed in the main (Primary) reception where the books can be dropped off.

We are keen to ensure students can continue to read throughout the summer holidays and you will be informed about how we hope to make this possible via email. If students are not sure about the number/titles of the books they have borrowed, Ms Dimi is more than happy to reply to any emails sent to: dimitra.charalampidou@goresbrookschoo.org.uk

Ms Dimi

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Messages from
Heads of Year



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Year 7

In the past week, we have seen a slight drop in competition rates of students in year 7, I am very hopeful that, with your support, we will be able to get back on track this week. All Year 7 students must be giving 100% effort, 5 lessons a day, 5 days a week as this will prepare them for their return to school in year 8.

Whilst there have been many challenges faced throughout this 'lockdown' period, I am confident that many Year 7 students have seen this as an opportunity. An opportunity to develop new IT skills, to communicate with teachers professionally, and to develop the skills of self-discipline even in the most challenging of times. This has certainly not been an easy period, especially for an 11/12-year-old, so I am very proud of the resilience and tenacity that Year 7 students have shown. I am confident that with the support of parents and carers we can finish this term strong and with high levels of engagement in schoolwork, alongside reading and whole-school competitions. Stay committed.

*Give 100% effort 5
Lessons a day, 5
days a week*

Year 9

The key word this week and moving into next week is motivation! Dig deep and keep working hard until the end of the term and then enjoy a well deserved rest. Students should make sure they are checking their emails constantly throughout the day to ensure they do not miss out on important announcements from their teachers.

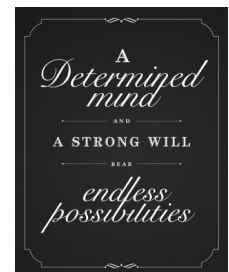
Viso have extended their lead at the top of the coaching competition this week by 215 points. Will anyone catch them before the end of the term?



Year 8

I am happy to see so many Year 8 students getting a full green week this week. It is really important for students to listen and watch the **whole** PowerPoint lesson before attempting to complete their worksheet assignments. I would really like for students to try their best and turn their green marks purple. I would like to thank all parents / carers for keeping their child motivated and encouraging them to do their best. Lets keep this momentum going in the last few weeks of school

"A determined mind and strong will bear endless possibilities" university of phoenix



Year 10

Year 10 have been excellent in their third week back in school with the main focus centred on feedback and knowledge retention. Students completing all work at home have benefited hugely from receiving class feedback on their work and Year 10 appear to be heading in to the summer break in a fantastic position.

The number of purple marks is increasing for those students really pushing themselves to give 100% and I thank you for the continued support you are giving students at home to allow them to flourish.

As we move in to the last few weeks of the term, please look out for an email from me concerning Year 10 summer learning. This, alongside the initial post-16 options form that students are currently completing, should allow us to begin Year 11 exactly as we wish to.

Before lockdown, we afforded all students the opportunity to read in their free time at home and continue to better their contextual knowledge by lending as many books from the library as we thought they needed. With the academic year coming to an end, we would appreciate it if Y10s returned those books as soon as possible in order to allow us to prepare the library to welcome our students back once again in September.

Students who have borrowed a book since coming back to school are allowed to keep that book for the summer holidays but any other book needs to be returned by 23rd July. We would also appreciate it if any Y10 who has a younger sibling in Goresbrook School would bring back their library books as well.



Career of the week: Sports Development Officer

Average salary (a year) : £21,000 Starter to £50,000 Experienced

How to become a sports development officer

You can get into this job through:

- a university course
- an apprenticeship
- volunteering
- applying directly

What you'll do

Day-to-day tasks

Your day-to-day duties may include:

- finding and training staff, coaches and volunteers for projects
- promoting and running projects and activities
- monitoring and evaluating projects
- finding funding, managing resources and budgets
- putting local and national policies into practice
- attending meetings, seminars and conferences

coaching or supervising sport

Working environment

You could work in an office, at a school, on a sports field, at a fitness centre or at a college.

Your working environment may be outdoors some of the time.

Career path and progression

With experience you could become a sports development manager or a regional manager.

University

You'll find it useful to have a foundation degree, higher national diploma or degree in a related subject like:

- sports development
- sports coaching
- sports science

Entry requirements

You'll usually need:

- 1 or 2 A levels, or equivalent, for a foundation degree or higher national diploma
- 2 to 3 A levels, or equivalent, for a degree

Apprenticeship

You can work towards this role by starting with an advanced apprenticeship as a community sport and health officer.

Entry requirements

Employers will set their own entry requirements.

Volunteering and experience

You can get useful experience by playing sports, volunteering as a coach, helping out on community and holiday sports schemes, or working with a local sports club.

This can help to build up your confidence and may lead to getting professional coaching qualifications.

Direct application

You can apply directly for jobs if you've got some of the relevant skills and knowledge needed for this role, for example through coaching qualifications.

Career tips : There's a lot of competition for jobs, so networking and making contacts will give you more chance of finding work.

What it takes : Skills and knowledge

You'll need:

- patience and the ability to remain calm in stressful situations
- the ability to work well with others
- sensitivity and understanding
- leadership skills
- to be thorough and pay attention to detail
- the ability to work on your own
- knowledge of English language
- knowledge of teaching and the ability to design courses

to be able to carry out basic tasks on a computer or hand-held device

Restrictions and requirements : You'll need to:

Pass enhanced background checks, as you may be working with children and vulnerable adults.



How to support young people with their well-being.

In the last four years of being at Goresbrook School one of the things Place2Be has offered has been Place2Talk. This has happened at break time and coaching time and is a drop in service for our students to come and talk about anything that is on their mind. Almost consistently over these past four years the main issues raised by our children has included worries around friendships and fitting in, confidence and self-esteem. It isn't always easy to help our teens when they are feeling down, as a mother of two teenagers I know this myself. Sometimes it can be hard to work out what it is 'typical teen' behaviour and what is something more than that. Either way, our children can really value our effort to try and understand them even if they might tell us to "get out of my room". Here are a few tips I would like to share with you in the hope that we can connect more with our children.



- 1) Adolescents are really quite good at showing us something isn't right. Slamming a door, huffs and puffs, growls and sarcasm might all be indicators that they have some strong feelings they don't know how to put into words. It can be hard to not jump straight into discipline mode but it can be helpful to just pause and ask "what are they trying to tell me through their behaviour?" Acknowledging that we can see, that they are going through a tough time is a great way to show we have noticed even if we do want to also point out any unacceptable behaviours. E.g "I can hear you stamping your feet on the stairs. That tells me maybe you are upset about something." Or "You are shouting at me. I can see you are upset. I would like you to lower your voice so we can talk about how you are feeling."
- 2) Invite: Let them know you are ready and waiting for them to talk even if it does take time. Try rewording the invitation if they haven't responded. That might sound like "I have noticed that you are spending more time in your room. I am here if you need to talk". This could be reworded as "When might be a good time for us to have a chat?" Sometimes adolescents can feel pressured if we do this face to face. So maybe leaving them a note or sending them text can help them think about their answer and respond when they are ready.
- 3) A lot of adolescents believe their parents won't understand them. Even if we don't understand their motives, reasons, behaviours etc. we can at least try and get into their shoes. Showing a willingness to understand is often enough. Language like "I want to understand why you reacted that way, tell me" can be more effective than "Why did you act like that?" Listening and hearing, without making a judgement helps their feelings become valid. It is confusing being a teenager so to know that this is all part of being human and growing up can be a real weight lifted off for them. "It sounds like you have been having a bit of a tough time" can really help our children get a sense that you really understand that they have been struggling, even if you don't understand why. Seeing your willingness to hear and listen is often enough for many young people.

If you are very worried about your child, do visit your GP to discuss any concerns you might have. Visit www.place2be.org.uk or www.youngminds.org.uk Feel free to email me on lynne.northcott@goresbrookschool.org.uk



Lynne

Place 2 be