

Goresbrook Primary School Summer 2022 Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One 6 th June 27 th June 18 th July	Meat Option	Chicken Madras, Steamed Rice & Naan Bread	Toad in the Hole with Creamy Mash & Gravy	Roast Chicken with Roast Potatoes & Gravy	Spaghetti Bolognese & Garlic Bread	Fish Fingers with Chips & Tomato Ketchup
	Vegetarian Option	Vegetable Madras Steamed Rice & Naan Bread	Quorn Toad in the Hole with Creamy Mash & Gravy	Quorn Roast with Roast Potatoes & Gravy	Veggie Spaghetti Bolognese & Garlic Bread	Cheese & Baked Bean Wrap with Chips & Tomato Ketchup
	Vegetables	Bombay Cauliflower & Lentils	Green Beans & Sweetcorn	Carrots & Broccoli	5 Bean Salad & Salsa	Baked Beans Garden Peas
	Dessert	Rainbow Iced Cake	Oaty Cookie	Chocolate Brownie	Angel Delight Selection	Vanilla Ice Cream with Peaches
Fresh Fruit available daily						
Week Two 13 th June 4 th July	Meat Option	Chicken Tikka with Vegetable Savoury Rice	Chicken Bites & Baked Potato Wedges	Roast Turkey with Roast Potatoes & Gravy	Beef Chilli with Steamed Rice	Cheese Burger with Chips & Tomato Ketchup
	Vegetarian Option	Potato & Cauliflower Tikka with Vegetable Savoury Rice	Quorn Bites & Baked Potato Wedges	Vegetable Pie with Roast Potatoes & Gravy	Quorn Chilli with Steamed Rice	Tomato Whirls with Chips & Tomato Ketchup
	Vegetables	Red Cabbage Slaw Naan Bread	Baked Beans & Sweetcorn	Cabbage Carrots	Sweetcorn & Red Peppers	Baked Beans Garden Peas
	Dessert	Fruit Jelly Pot	Pancake & Syrup	Fruity Flapjack	Vanilla Cupcake	Vanilla Ice Cream Chocolate Sauce
Fresh Fruit available daily						
Week Three 20 th June 11 th July	Meat Option	Pizza Parlour Pepperoni or Bolognese	Beef Tacos with Savoury Rice	Roast Chicken with Roast Potatoes & Gravy	Macaroni Cheese with a Breadcrumb Crust	Hot Dog with Fries & Tomato Ketchup
	Vegetarian Option	Pizza Parlour Cheese & Fresh Tomato Cheese & Sweetcorn	Quorn Tacos with Savoury Rice	Roasted Tomato Puff with Roast Potatoes & Gravy	Tomato & Herb Pasta Bake with a Cheesy Crust	Quorn Hot Dog with Fries & Tomato Ketchup
	Vegetables	Sweetcorn 5 Bean Salad & Salsa	Roasted Pepper & Red Onion Medley	Peas & Cauliflower	Green Bean & Tomato Salsa	Baked Beans Buttered sweetcorn
	Dessert	Jam & Coconut Sponge with Cream	Chocolate Sponge	Treacle Sponge Cake	Lemon Drizzle Cake	Jam Doughnut
Fresh Fruit available daily						

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.