

PSHE LTP

Jigsaw lesson breakdown

EYFS

Being me in my world

Lesson 1 – 'Who...me?'

Lesson 2 – 'How am I feeling today?'

Lesson 5 – 'Our rights'

Celebrating difference

Lesson 2 – 'I'm special, I'm me'

Lesson 3 – 'Families'

Lesson 5 – 'Making friends'

Dreams and goals

Lesson 1 – 'Challenge'

Lesson 3 – 'Setting a goal'

Lesson 6 – 'Footprint Awards'

Healthy me

Lesson 3 – 'Food, Glorious food.'

Lesson 5 – 'Keeping Clean'

Lesson 6 - 'Stranger danger'

Relationships

Lesson 1 – 'My family and me'

Lesson 4 – 'Falling out and bullying pt.1'

Lesson 5 – 'Falling out and bullying pt.2'

Year 1

Being me in my world

Lesson 2 – 'My Class'

Lesson 4 – 'Rewards and feeling proud'

Lesson 5 – 'Consequences'

Celebrating difference

Lesson 1 – 'The same as...'

Lesson 2 – 'Different from...'

Lesson 4 – 'What do I do about bullying?'

Dreams and goals

Lesson 2 – 'Steps to goals'

Lesson 4 – 'Stretchy learning'

Lesson 6 – 'Celebrating my success'

Healthy me

Lesson 1 – 'Being healthy'

Lesson 3 – 'Clean and healthy'

Lesson 5 – 'Road safety'

Relationships

Lesson 1 – 'Families'

Lesson 3 – 'Greetings'

Lesson 4 – 'People who help us'

Year 2

Being me in my world

Lesson 1 – ‘Hopes and Fears for the year’

Lesson 2 – ‘Rights and responsibilities’

Lesson 4 – ‘Rewards and consequences’

Celebrating difference

Lesson 2 – ‘Boys and Girls’

Lesson 3 – ‘Why does bullying happen?’

Lesson 5 – ‘Gender diversity’

Dreams and goals

Lesson 1 – ‘Goals to success’

Lesson 2 – ‘My learning strengths’

Lesson 6 – ‘Celebrating our achievement’

Healthy me

Lesson 1 – ‘Being healthy’

Lesson 3 – ‘Medicine safety’

Lesson 6 – ‘Happy, healthy me’

Relationships

Lesson 2 – ‘Keeping safe, exploring physical contact’

Lesson 4 – ‘Secrets’

Lesson 5 – ‘Trust and appreciation’

Year 3

Being me in my world

Lesson 1 – ‘Getting to know each other’

Lesson 3 – ‘Our dream school’

Lesson 6 – ‘Owning our learning charter’

Celebrating difference

Lesson 2 – ‘Family conflict’

Lesson 5 – ‘Words that harm’

Lesson 6 – ‘Celebrating difference: compliments’

Dreams and goals

Lesson 1 – ‘Dreams and goals’

Lesson 2 – ‘My dreams and ambitions’

Lesson 5 – ‘Our new challenge – overcoming obstacles’

Healthy me

Lesson 2 – ‘Being fit and healthy’

Lesson 3 – ‘What do I know about drugs?’

Lesson 5 – ‘Safe or unsafe.’

Relationships

Lesson 3 – ‘Keeping myself safe online’

Lesson 5 – ‘Being a global citizen 2’

Lesson 6 – ‘Celebrating my web of relationships’

Year 4

Being me in my world

Lesson 2 – 'Being a school citizen'

Lesson 3 – 'Rights, responsibilities and democracy'

Lesson 4 – 'Rewards and consequences'

Celebrating difference

Lesson 2 – 'Understanding influences'

Lesson 4 – 'Problem solving'

Lesson 6 – 'Celebrating difference: how we look'

Dreams and goals

Lesson 1 – 'Hopes and dreams'

Lesson 3 – 'Overcoming disappointment'

Lesson 4 – 'Creating new dreams'

Healthy me

Lesson 3 – 'Smoking'

Lesson 4 – 'Alcohol'

Lesson 5 – 'Healthy friendships'

Relationships

Lesson 1 – 'Jealousy'

Lesson 4 – 'Getting on and falling out'

Lesson 5 – 'Girlfriends and boyfriends'

Year 5

Being me in my world

Lesson 2 – 'Being a citizen of my country'

Lesson 4 – 'Rewards and consequences'

Lesson 6 – 'Owning our learning charter'

Celebrating difference

Lesson 1 – 'Different cultures'

Lesson 2 – 'Racism'

Lesson 5 – 'Does money matter?'

Dreams and goals

Lesson 2 – 'Investigate jobs and careers'

Lesson 3 – 'My dream job. Why I want it and the steps to get there'

Lesson 6 – 'Rallying support'.

Healthy me

Lesson 3 – 'Emergency Aid'

Lesson 4 – 'Body Image'

Lesson 6 – 'Healthy me'

Relationships

Lesson 3 – 'Being in an online community'

Lesson 5 – 'My relationship with technology: screen time'

Lesson 6 – 'Relationships and technology'

Year 6

Being me in my world

Lesson 1 – 'My year ahead'

Lesson 3 – 'Being a global citizen 2'

Lesson 6 – 'Owning our learning charter'

Celebrating difference

Lesson 1 – 'Am I normal?'

Lesson 3 – 'Power struggles'

Lesson 5 – 'Celebrating difference'

Dreams and goals

Lesson 1 – 'Personal learning goals'

Lesson 3 – 'My dream for the world'

Lesson 4 – 'Helping to make a difference'

Healthy me

Lesson 3 – 'Exploitation'

Lesson 4 – 'Gangs'

Lesson 6 – 'Managing stress and pressure'

Relationships

Lesson 2 – 'My mental health'

Lesson 3 – 'Love and loss'

Lesson 6 – 'Using technology responsibly'